



C.P. Handler

MSW, LCSW

Trauma-Informed Clinician · Author · Speaker

ABOUT CP

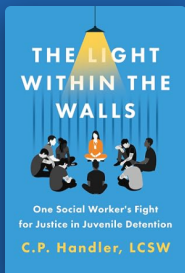
C.P. Handler is a Licensed Clinical Social Worker with nearly 16 years of clinical experience providing trauma-informed care to incarceration-impacted youth and adults. Licensed in Florida, Michigan, and Ohio.

MISSION

To spread healing, humanity, and connection to the individuals and communities impacted by our systems.

VISION

A world where young people are met with support, possibility, and the chance to grow — because compassion has replaced judgment and love has replaced fear.



The Light Within the Walls
One Social Worker's Fight for
Justice in Juvenile Detention

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AVAILABLE FOR SPEAKING, WORKSHOPS & PARTNERSHIPS

C.P. HANDLER

MSW, LCSW

Healing Narratives. Clinical Insight. Community Impact.

ABOUT THE AUTHOR & SPEAKER

C.P. Handler is a **Licensed Clinical Social Worker**, trauma specialist, and author with nearly 16 years of experience serving system-impacted youth and families. Her book, *The Light Within the Walls*, offers a rare insider view into the world of juvenile detention — examining the humanity, resilience, and unmet needs of the young people living within it, and the systems that shape their futures. As a speaker, CP brings clinical depth, personal conviction, and community-centered frameworks to every engagement, bridging the gap between policy, practice, and lived experience.

CREDENTIALS & EXPERTISE

AREAS OF SPECIALTY

- Post-Incarceration
- Trauma & PTSD
- Addiction
- Forensic Social Work
- Dual Diagnosis
- Intergenerational Trauma
- Emotional Dysregulation
- Grief & Bereavement

CLINICAL MODALITIES & TRAINING

- EMDR
- Brainspotting
- Energy Psychology
- DBT & CBT
- Parts Work / Person-Centered
- Somatic
- Crisis De-Escalation

Licensed in FL · MI · OH | MSW (2010) | International Trainer & Consultant | Crisis Interventionist, South Florida Jail System

SPEAKING & EVENT FORMATS

COMMUNITY HEALING CIRCLE

Intimate trauma-informed gathering (20–50 guests) using the book as a facilitated discussion framework. Open sharing, clinical tools, and grounded reflection.

PANEL EVENT + BOOK TALK

Moderated public panel (75–150 guests) with CP alongside local advocates and credible messengers. Book signing and community reception to follow.

PRACTITIONER TRAINING WORKSHOP

Half-day training (30–60 social workers, case managers, youth workers) using the book as a clinical and narrative framework for trauma-informed practice.

YOUTH EMPOWERMENT SESSION

Interactive session for justice-involved or at-risk youth (25–75 participants) with storytelling, discussion prompts, and empowerment tools.

WHAT PEOPLE ARE SAYING

“

An essential first-hand account of juvenile incarceration in America, rendered with rare emotional intelligence, empathy, and unflinching honesty... both a testament to the resilience of incarcerated youth and a searing indictment of a system that fails the very people it claims to serve.

— Eli Saslow

Two-Time Pulitzer Prize-Winning Journalist, NYT Writer-at-Large & Bestselling Author

“

Handler shows what becomes possible when a clinician shows up with emotional courage, consistency, and unconditional regard.

— David A. Singleton

Former Executive Director, Ohio Justice & Policy Center; Professor, UDC David A. Clarke School of Law

“

This book tells the truth... C.P. was one of the people who believed in me when I didn't believe in myself.

— One of the Youth Featured in the Book